

# Explore **YOUR** Story

**Ask** an elder about their childhood, **read** a story you like to someone in your family, or **discover** new things with your friends.



## Starry ◆ Night

**Can you count the stars?** Stare into the night sky and count as many stars as you can. When you've lost count or get tired, think about how each star adds shine and beauty to the night sky. **Write a list of two or three things you can do or say to add beauty and shine to the world.** Remember, no matter the size of your action, you can add shine and make a difference!

## Five (Senses)

**Take a '5 Senses Walk':** Spend at least 15 minutes outside observing the world around you. Write/talk about what you notice. *What do you see? Smell? Hear? Taste? Feel?*

## Heartbeats

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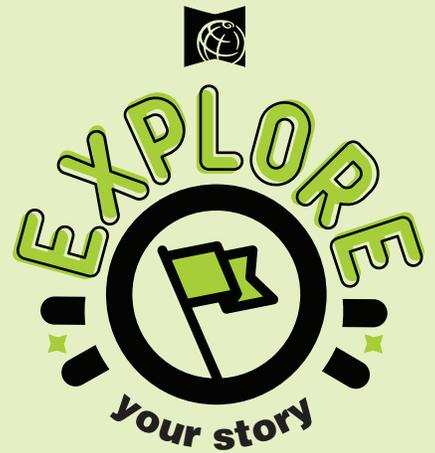
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**Explore your heartbeat, the first rhythm in your life.** Touch your chest and feel the beat. See if you can make a drawing, write a poem or song, or create a dance that goes with the beat. *Try exercising and see how the beat and your creation changes.*

## Colorful Moods



**What is a color that describes your mood or feelings right now?** What is it about that color that matches your mood?



2021 Summer of Learning

## Read & Share



**Pick a book to read out loud** to an elder or youngster in your life. Ask them to find a book to read out loud to you. *Share your favorite parts of each other's books.*

## Sharing Wisdom

**Our ancestors gifted us their wisdom by passing on advice to our elders.** Ask two different people who are older than you for one sentence of advice on living a good life. *Now, write down one piece of advice to the elders in your life, and share it with them.*

For additional book recommendations and activities, please visit:  
[www.spl.org/SummerOfLearning](http://www.spl.org/SummerOfLearning) • [#SPLSummer2021](https://twitter.com/SPLSummer2021)



# EXPLORE

## Book Suggestions:

*Alma and How She Got Her Name*

by Juana Martinez-Neal (Kids)

*A Day with Yayah*

by Nicola I. Campbell (Kids)

*Clean Getaway*

by Nic Stone (Kids)

*Cemetery Boys*

by Aiden Thomas (Teen)

*Nature Obscura: A City's*

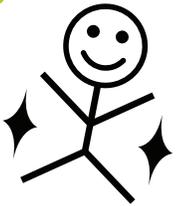
*Hidden Natural World*

by Kelly Brenner (Adult)

For more great reads, visit  
[www.spl.org/StaffPicks](http://www.spl.org/StaffPicks)

## You Are Everything

Author Tiffany Jewell says, "You are everything within you and everything around you." Time to brainstorm! Who are the people, places, things and even smells that make you, you? Start a list and then ask your family to help you grow it. Hang it up and add to it often!"



## Things That Make Me, Me

### It's Feeling Like Nature

On a warm day, put your bare feet in the grass and close your eyes for a couple of minutes, then **write about how you feel after you open your eyes again.** Are you calm? Afraid? Energized?

### Listen Loudly

Sit outside where you live and listen to all the sounds and noises. Can you identify what is creating those sounds or noises? Make a list or draw a picture!

### Floral Tales

Do you ever wonder where flowers go in the wintertime, and why they appear in the spring? Make up a story about them.

# Honoring The **dx̣ẉdə́wəḅš** (Duwamish)

Seattle is named after Chief Si'ahl of the **dx̣ẉdə́wəḅš (Duwamish) people**, the first peoples to call this land home. Take time to touch the land and extend gratitude to the earth itself and all **dx̣ẉdə́wəḅš** peoples, past, present, and future, that have and continue to live and tell the story of this place. **Part 2** - With your family or friends, seek to learn more from Indigenous people in our community. If you can, visit the Duwamish Longhouse, research online, experience art by Native artists, listen to elders and storytellers. Learn how you can show gratitude and support. **Part 3** - Draw a container in the shape of a jar, basket, or tide pool, and fill it with your gratuities for Indigenous peoples, past, present, and future. To add to your collection of gratuities, go to **Part 2**, and then come back.



Many people in Seattle come from around the globe. Some have been here for generations, or even thousands of years. **Where are your ancestors from?** Work with a family member to trace the routes that your people migrated to get to where you are now, whether it was a trip around the globe, or within the hills and waters of this place. *Draw this route as a map or write it as a story.*

**Learn more** about the history of Seattle's many unique neighborhoods in the "Explore Seattle Neighborhood History" Exploration Guide!  
[www.spl.org/SeattleNeighborhoodHistory](http://www.spl.org/SeattleNeighborhoodHistory)

## Name That Name

**"Names are full of power and stories. What stories are inside yours? What does your name mean? How was it chosen? What do you like about it?"** Share the story of your name inside the letters or around it. Surround it with names of people who will explore this poster with you.



The Bureau of Fearless Ideas is a non-profit learning organization where young people ages 6-18 are inspired by words and discover their creative voice. We are proud to partner with The Seattle Public Library and contribute a few of the creative adventures you'll find in this poster. **Visit [www.fearlessideas.org](http://www.fearlessideas.org)** to learn about our programs and the many ways to join our community.



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